



DRY EYE CLINIC

IPL/RF/LLLT CONTRAINDICATIONS, PRE & POST TREATMENT INSTRUCTIONS

CONTRAINDICATIONS (NO TREATMENT IF.....)

- Skin tumors or cancer
- Abnormal lesions
- Hypertrophic or keloid scars
- Deep chemical scarring
- Drug-induced photosensitivity
- History of herpes (cold sores) outbreaks in area being treated - notify the clinic; Antiviral therapy may be needed

PRE TREATMENT INSTRUCTIONS

- Wait 2 weeks after excessively tanned skin or sunburn, or after self-tanner
- No surgical procedures in the treatment area within the last 6 months
- Stop Accutane at least 6 months before treatment and during treatment
- Wait 1 month after Botox or filler injections
- Stop Doxycycline / Tetracycline at least 2 weeks before treatment
- Stop Retin-A, Isotretinoin, glycolic acid, salicylic acid, or any skin exfoliating creams at least 2 week before treatment
- Remove false lashes or lash extensions before treatment with LLLT
- Always use an SPF30 or greater sunscreen on all exposed treatment areas.

POST TREATMENT INSTRUCTIONS

- May experience mild sunburn-like sensation 2-24 hours especially with heat or exertion. Treat area with cool compress for relief
- Pigmented lesions may initially look like coffee grounds (raised and darkened); do not pick at them - they will fall off or fade over the next 1-3 weeks
- Use a SPF 30 or greater sunscreen on all treated areas throughout the treatment series and long-term for best results.

Patient Name _____

Signature _____ Date_____